## Family Support Drop In Sessions



Sometimes family life can prove a little difficult and it often helps to talk to someone about how you might like to improve your situation.

Our family support worker can meet with you to give you confidential advice and support that will help you make positive changes and move forward. We offer a range of advice and guidance around many issues, including:

Difficult relationships at home, parenting, behaviour management, routines and boundaries, child development, bed wetting, sleep problems, school issues and many more.

Drop in sessions will be held

## On the first Wednesday of the month from 2-30 – 3.30pm

If you would like to know more or want to book an appointment please contact :

Cheryl McLoughlin on 07949975988—01905 843731 or speak to the school office.